

Emotional competence of parents in the process of education of the child

Aliya Tolegenova^a, Dariya Tunguskova^a, Danna Naurzalina^b, Nazirash Zhubanazarova^a, Laura Baimoldina^a, Adilshinova Zina^b

^aAl-Farabi Kazakh National University

^bK.Zhubanov Aktobe Regional State University

Introduction

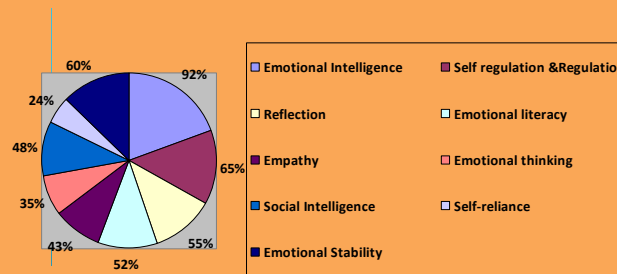
Behaviour models depend on emotional experience in the childhood and emotional memoirs. Emotional competence is the integrative component of personal wellbeing and emotional saturation during the process of child education.

Emotional competence plays an essential role in family relationships. The theoretical analysis of impact of parents' emotional competence on emotional and mental development of the child in family relationships was made

the main task of family education is creation of the atmosphere of emotional security, heat, love of the child. Parents have to take care of favorable conditions for emotional development of the child, his emotional socialization, because behavior models of the adult often depend on emotional experience which he gained in the childhood, from those emotional memoirs and feelings which he endured at early stages of his life.

Methods

As base of research there were content of more than 25 sources, where the authors deal with a problem of emotional competence. During research the complex of methods was used: analysis of theoretical sources, generalization, method of classifications, content analysis, and lexical-semantic analysis.



Results

Table 1. Frequencies of distribution of categories

Nº	Categories	Mentioning frequency in %
1	emotional intelligence	79,5
2	ability to clarify your own emotions and emotions of other people	63
3	ability to operate the emotions and emotions of other people	63
4	ability to express own emotions and to control them	55
5	emotional literacy	46,6
6	emotional stability	30,7
7	emotional knowledge, skills	29,5
8	social intelligence	24,4
9	reflection	21,6
10	emotional thinking	20,5

Conclusion

The analysis of modern literature showed that in the last decade the number of the publications devoted to research of various aspects of Emotional Competence considerably grew. The problem of formation of Emotional Competence rests against ambiguity of interpretation of the Emotional Each concept has the methodological bases of development and its measuring device that complicates studying the Emotional Competence and developing training programs. Thus, it is possible to assume that high rates of Emotional Competence are necessary attribute of success for both parents, and children that will help to create special training and developing programs for emotional competence of the modern person.

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