Introduction

The link between father and child is fundamental, the presence of the former in the birthing room being essential to closer links between the triad. The purpose of this study is to identify the benefits for the father from their involvement during the labor and birth sequence.

Methods

An integrational review of the literature was carried out together with research on the databases: PubMed, LILACS, SciELO, Institutional Holdings and Digital Libraries and EBSCO Host published between 2000 e 2014.

Results

The results demonstrate the existence of a ‘new’ father who is involved in the consultations during the pregnancy and preparations for the birth, his presence in the birthing room making him feel that he is playing an active part in the process encourages him to develop closer and more intimate links leading to a consolidation of the family unit, the assumption of a parental role in addition to being able to share the experience of the birth with the mother and contribute to her well-being. The team of health professionals has a crucial role in the integration of the father into the process of maternity with his presence also being reflected in the humanization of health care.

References

